

Staff



MATT SCHILLING – Matt has worked with thousands of youth, high school, and college baseball players to help develop their skills. Matt graduated from Coastal Carolina University, where he was an All-Conference and All-State player while being voted the fourth best second baseman in the country by the Smith Award Group which selects the national player of the year. After his playing days, Matt coached at Coastal for five years, helping them reach the top 25. He is also a former Associate Scout with the Atlanta Braves. Matt handles all on-field elements at Baseball Factory including one-on-one and small group training.



JOE LAKE – Joe had an outstanding high school career at Long Reach High School in Columbia, Maryland, where he twice received the team MVP award. Joe received a scholarship to play his college baseball at James Madison University, where he became a two-time team captain. In addition, he was named an All-Conference and All-State (VA) player after his senior season.

Additional Camp Staff will include other former college and professional players.

Equipment

Campers must bring their baseball glove and wear baseball attire, including long pants. Campers may bring their personal bat or catching equipment. (Please label all your personal equipment)

CALL TODAY. SPACE IS LIMITED!
800.641.4487

Program

ALL-STAR CAMP Designed for boys and girls ages 7-11. Grouped according to age and ability, players will learn the fundamentals of baseball through individual,



group, and team instruction. We will focus on all aspects of the game including hitting & fielding. The camp staff will incorporate development of sportsmanship, leadership, and also discuss the importance of academics and good study habits. Our goal is to teach the game of baseball and for players to meet new friends and have fun as they become a better player.

ELITE CAMP This camp is for boys ages 12-15 and is designed to teach fundamentals, advanced skills and strategies of baseball. Learn and improve skills through an intense week of instruction, drills and simulated game experiences. Guest speakers will discuss the techniques of catching, infield/outfield, pitching, hitting, and strength training. Campers will be grouped according to age and ability. Baseball Factory staff is confident that each player will leave the camp with a better understanding of how to play the game and what it takes to be successful.



Camp Highlights

- Lectures by Coach Matt Schilling and other staff
- Competition and instruction
- Free Camp T-Shirt
- Camp store featuring baseball apparel, snacks, and drinks.
- Baseball Olympics
- Awards and medals for individual achievement
- Hitting video analysis
- Radar gun used for pitching velocity
- Daily games
- Camp Certificates
- Slip & Slide sliding practice

Complete Instructional Baseball Program

Hitting & Bunting: Develop the fundamentals of balanced hitting mechanics. Improve your batting average, on-base percentage and bunting success.

Throwing & Fielding: Learn the proper way to throw and field from the middle infield, corners, outfield, and behind the plate.



Base Running: Master leads, stealing bases, sliding, taking the extra base, and scoring.

Catching: Learn how to develop proven catching, blocking, and throwing mechanics. Master “soft” receiving hands, signal calling, pitch selection, and handling pitchers.

Pitching: Perfect proper pitching mechanics, pick-off moves, grips, legs and arm strengthening exercises.

Strength & Conditioning: Enhance performance, agility, and flexibility while minimizing the risk of injury. Recognize the importance of a daily baseball strength and conditioning program.

Academics: Our staff believes in stressing good grades at a young age and teaches how important it is to develop a sound academic achievement environment.

Typical Daily Camp Schedule

- 8:45-9** Check-in/Roll Call
- 9:05** Baseball Stretch, Flexibility, and Conditioning
- 9:20** Baseball Drills and Team Relays
- 10:00** Specialty Defensive Drills: Throwing & Fielding Mechanics, Infield, Outfield, & Catching
- 10:40** Specialty Offensive Drills: Hitting, Bunting, Base Running and Pitching
- 11:30** Camp Break, Camp Store Open
- 11:40** Camp Baseball Games
- 12:50-1** Question and Answer Period and Camp Departure

Make check payable to: **YOUTH SUMMER BASEBALL CAMP 2010 APPLICATION FORM** 800.641.4487
Baseball Factory & Team One Foundation 9176 Red Branch Road, Suite M, Columbia, MD 21045
All proceeds will benefit the Baseball Factory & Team One Foundation, Baseball Factory's non-profit arm. For more info visit www.baseballfactory.com.

Name: _____ Attending: June 21-25
Age at Camp: _____ Date of Birth: _____ Ht: _____ Wt: _____ State: _____ Zip Code: _____
Home Address: _____ City: _____
Home Telephone: _____ Parents Name & Work Telephone: _____
Parent Email: _____ Please Circle Youth (Y) or Adult (A) Size T-Shirt: YL AS AM AL AXL
Please Circle Form of Payment (Camp Tuition): \$199 – 1 Week: CASH CHECK CREDIT CARD
If paying by credit card – Name on card: _____ Account Number: _____ Exp. Date: _____

EARLY REGISTRATION TUITION OF \$189.00 (1 Week) if applications are postmarked by June 15

In consideration that I am being granted the opportunity to participate in the Baseball Factory & Team One Foundation Camp, I hereby, with the full knowledge and understanding assume any and all risks and liabilities from any injury or illness, mental or physical suffered by the camper during participation in the activities, practices, and games. I also understand that, as a condition of admittance as a participant or camper, the undersigned, on behalf of the applicant, hereby releases Baseball Factory, Gambrills Athletic Club, Instructors, Coaches, Officials, Guests, Sponsors and all other agents of the Baseball Factory & Team One Foundation Camp from such liabilities, unless caused directly and willfully by acts of gross negligence by the person or entity against whom the claim is made.

Parent's Signature: _____ Insurance Company & Policy Number: _____

*Baseball Factory & Team One Foundation
2010 Youth Summer Baseball Camp
9176 Red Branch Road, Ste M
Columbia, MD 21045*

800.641.4487
www.baseballfactory.com

*Register today. Space is Limited.
Team Discounts are available.*



2010 Youth Summer Baseball Camp

powered by 

Gambrills Athletic Club Fields

All proceeds benefit the Baseball Factory & Team One Foundation, the non-profit arm of the Baseball Factory.



Gambrills Athletic Club – June 21-25

**All-Star Camp: Ages 7-11
Elite Camp: Ages 12-15**



Diamond