

# Staff



**JOE LAKE** – Joe had an outstanding high school career at Long Reach High School in Columbia, Maryland, where he twice received the team MVP award. Joe received a scholarship to play his college baseball at James Madison University, where he became a two-time team captain. In addition, he was named an All-Conference and All-State (VA) player after his senior season.



**JASON SCOTT** – Jason is a native of Columbia, MD where he attended Long Reach High School. While at Long Reach Jason played summer baseball with the highly competitive Columbia Reds. Jason attended West Virginia University Institute of Technology. As a two year captain and starter Jason helped the Golden Bears become a formidable opponent in the West Virginia Intercollegiate Athletic Conference. Jason began his coaching career in 2008 at Transylvania University in Lexington, KY where he worked primarily with catchers and hitters.

Additional Camp Staff will include other former college and professional players.

# Equipment

Campers must bring their baseball glove and wear baseball attire, including long pants. Campers may bring their personal bat or catching equipment. (Please label all your personal equipment)

**CALL TODAY. SPACE IS LIMITED!**  
**800.641.4487**

# Program

**ALL-STAR CAMP** Designed for boys and girls ages 7-11. Grouped according to age and ability, players will learn the fundamentals of baseball through individual,



group and team instruction. We will focus on all aspects of the game including hitting & fielding. The camp staff will incorporate development of sportsmanship, leadership and also discuss the importance of academics and good study habits. Our goal is to teach the game of baseball and for players

to meet new friends and have fun as they become a better player.

**ELITE CAMP** This camp is for boys ages 12-15 and is designed to teach fundamentals, advanced skills and strategies of baseball. Learn and improve skills through an intense week of instruction, drills and simulated game experiences. Guest speakers will discuss the techniques of catching, infield/outfield, pitching, hitting and strength training. Campers will be grouped according to age and ability. Baseball Factory staff is confident that each player will leave the camp with a better understanding of how to play the game and what it takes to be successful.



# Camp Highlights

- Lectures by Coach Joe Lake and other staff
- Competition and instruction
- Free Camp T-Shirt
- Camp store featuring baseball apparel, snacks, and drinks.
- Baseball Olympics
- Awards and medals for individual achievement
- Hitting video analysis
- Radar gun used for pitching velocity
- Daily games
- Camp Certificates
- Slip 'N Slide sliding practice

# Complete Instructional Baseball Program

**Hitting & Bunting:** Develop the fundamentals of balanced hitting mechanics. Improve your batting average, on-base percentage and bunting success.

**Throwing & Fielding:** Learn the proper way to throw and field from the middle infield, corners, outfield and behind the plate.



**Base Running:** Master leads, stealing bases, sliding, taking the extra base and scoring.

**Catching:** Learn how to develop proven catching, blocking and throwing mechanics. Master “soft” receiving hands, signal calling, pitch selection and handling pitchers.

**Pitching:** Perfect proper pitching mechanics, pick-off moves, grips, legs and arm strengthening exercises.

**Strength & Conditioning:** Enhance performance, agility and flexibility while minimizing the risk of injury. Recognize the importance of a daily baseball strength and conditioning program.

**Academics:** Our staff believes in stressing good grades at a young age and teaches how important it is to develop a sound academic achievement environment.

# Typical Daily Camp Schedule

- 8:45-9** Check-in/Roll Call
- 9:05** Baseball Stretch, Flexibility, and Conditioning
- 9:20** Baseball Drills and Team Relays
- 10:00** Specialty Defensive Drills: Throwing & Fielding Mechanics, Infield, Outfield, and Catching
- 10:40** Specialty Offensive Drills: Hitting, Bunting, Base Running and Pitching
- 11:30** Camp Break, Camp Store Open
- 11:40** Camp Baseball Games
- 12:50-1** Q & A Period and Camp Departure

Make check payable to:  
Baseball Factory

**YOUTH SUMMER BASEBALL CAMP 2011 APPLICATION FORM**  
9176 Red Branch Road, Suite M, Columbia, MD 21045

800.641.4487

Name: \_\_\_\_\_ Attending: June 20-24  
Age at Camp: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Ht: \_\_\_\_\_ Wt: \_\_\_\_\_  
Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Home Telephone: \_\_\_\_\_ Parents Name & Work Telephone: \_\_\_\_\_  
Parent Email: \_\_\_\_\_ Please Circle Youth (Y) or Adult (A) Size T-Shirt: YM YL AS AM AL AXL  
Please Circle Form of Payment (Camp Tuition: \$199): CASH CHECK CREDIT CARD  
If paying by credit card – Name on card: \_\_\_\_\_ Account Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

**EARLY REGISTRATION TUITION OF \$189.00 if applications are postmarked by May 1**

In consideration that I am being granted the opportunity to participate in the Baseball Factory Camp, I hereby, with the full knowledge and understanding assume any and all risks and liabilities from any injury or illness, mental or physical suffered by the camper during participation in the activities, practices, and games. I also understand that, as a condition of admittance as a participant or camper, the undersigned, on behalf of the applicant, hereby releases Baseball Factory, Gambrills Athletic Club, Instructors, Coaches, Officials, Guests, Sponsors and all other agents of the Baseball Factory Camp from such liabilities, unless caused directly and willfully by acts of gross negligence by the person or entity against whom the claim is made.

Parent's Signature: \_\_\_\_\_ Insurance Company & Policy Number: \_\_\_\_\_

**BASEBALL FACTORY  
2011 YOUTH SUMMER BASEBALL CAMP  
9176 RED BRANCH ROAD, STE M  
COLUMBIA, MD 21045**

**800.641.4487**  
[www.baseballfactory.com](http://www.baseballfactory.com)

**REGISTER TODAY. SPACE IS LIMITED.  
TEAM DISCOUNTS ARE AVAILABLE.  
DISCOUNTS APPLY FOR EARLY REGISTRATION.**



## 2011 Youth Summer Baseball Camp

Gambrills Athletic Club Fields



**Gambrills Athletic Club – June 20-24**

**All-Star Camp: Ages 7-11  
Elite Camp: Ages 12-15**

