



# HITTING ACCELERATED TRAINING WEEKEND

## January 21-22, 2012 Baseball Factory Headquarters Columbia, Maryland

Baseball Factory's Hitting Accelerated Training Weekend gives players the opportunity to improve their offensive ability through numerous drills and extensive analysis of their swing.

### **Become a force at the plate!**

Our professional staff will work with each player to help him maximize his potential and raise his game to a new level.

### **All players will receive:**

◆ **Top Notch Instruction:** Our team of coaches has included:

**Joe Lake**, former team captain at James Madison University and current Maryland Training Director at Baseball Factory.

**Jason Scott**, former college player at West Virginia University Institute of Technology and former college catching and hitting coach at Transylvania University. Current Lessons Instructor at Baseball Factory.

**Chris Yetter**, played four years of college baseball at Division I UMBC, spent four years as a pitching and hitting coach at CCBC Catonsville. Current Lessons Instructor at Baseball Factory.

◆ **Personalized Training:** Our coaches will break down each player's swing by closely analyzing every aspect of his hitting style, ability and technique. Players will receive personal recommendations to enhance future success at the plate.

◆ **Videotape Analysis:** Every player's swing will be videotaped and reviewed so that they can see exactly where they need to make adjustments. It is much easier to correct mechanics if you can see what the coaches are suggesting.

◆ **Confidence:** Players will leave with a game plan tailored to their hitting approach that will give them confidence not only in practice but also every time they step up to the plate.

◆ **Training Tips:** Learn the techniques that can help you succeed and propel you towards college baseball and beyond.



A PREMIER SCOUTING PARTNER FOR  
**Baseball America**



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**BUILD YOUR WAY  
TO GREATNESS.**



# HITTING ACCELERATED TRAINING WEEKEND

ITINERARY & INFORMATION

<b>Dates:</b>	Saturday, January 21 – Sunday, January 22, 2012	
<b>Location:</b>	Training will take place at the Baseball Factory Training Facility in Columbia, MD. The facility has three batting cages and additional space for tee work and soft toss.	
<b>Lodging Info:</b>	Courtyard by Marriott - Columbia 8910 Stanford Boulevard Columbia, MD 21046 (410) 290-0002  <i>All non-commuting players will stay at the Courtyard with Baseball Factory Staff.</i>	
<b>Flight/Train Information:</b>	Arrive at Baltimore/Washington Int'l Airport or Baltimore/Washington Airport Train Station between 8:00 and 10:00 AM on Saturday  Depart from BWI Airport/Train Station between 4:00 and 6:00 PM on Sunday	
<b>Itinerary*:</b>	<b>Saturday:</b>	11:30 – 12:00 PM    Player Registration at Baseball Factory Training Facility 12:00 – 5:00 PM    Review of hitting fundamentals, hitting drills, small group instruction, videotaping sessions, swing analysis 6:00 PM              Dinner for all non-commuting players at the Courtyard
	<b>Sunday:</b>	8:00 AM              Breakfast for all non-commuting players at the Courtyard 9:00 AM – 12:00 PM    Hitting drills, live batting practice 12:00 PM              Light lunch for all players 12:30 – 2:00 PM      Review of instruction learned 2:00 PM              Player Departure
<b>Coaches Tentatively Scheduled to Include*:</b>	<p><b>Joe Lake:</b> Maryland Training Director at Baseball Factory, played Division I baseball at James Madison University and was named All-Conference and All-State in his senior season; a two-time team captain for the Dukes.</p> <p><b>Jason Scott:</b> Lessons Instructor at Baseball Factory, former college player at West Virginia University Institute of Technology, former college hitting and catching coach at Transylvania University.</p> <p><b>Chris Yetter:</b> Lessons Instructor at Baseball Factory, played four years of college baseball at Division I UMBC, where he was a pitcher and All-Conference outfielder; spent four years as a pitching and hitting coach at CCBC Catonsville.</p>	
<b>Important Camp Info:</b>	<ul style="list-style-type: none"> <li>◆ Players traveling by plane or train will meet Baseball Factory coaches at the baggage claim or directly outside the train station</li> <li>◆ Non-commuting players are transported in vans from site to site</li> <li>◆ Non-commuting players are fully supervised 24 hours a day</li> <li>◆ No spending money is needed for non-commuting players</li> <li>◆ Players need to bring all necessary baseball equipment for training</li> <li>◆ Saturday dinner and Sunday breakfast and lunch will be provided to non-commuting players staying at the Courtyard with Baseball Factory Staff</li> <li>◆ Players receive a detailed player info pack upon registration</li> <li>◆ Parents welcome</li> </ul>	



\*Coaching Staff and times subject to change. Check with your Player Development Coordinator for the most updated information.

