



# CAPE COD PRO SELECT TRAINING & OFFICIAL ENROLLMENT INTO BASEBALL FACTORY PROGRAM

## July 2010, Cape Cod, MA

### Session 1: July 10-14, Session 2: July 15-19, Session 3: July 20-24

This intense camp provides players with the opportunity to train all day with our experienced staff and watch the Cape Cod Baseball League rising stars during their evening games. Players will not only see what it takes to play at the highest level of collegiate baseball but also have the chance to make mechanical adjustments to improve their game. This is a great experience that will let you improve as a player through extensive on-field training. Take your game to the next level! Train with the best coaches in the country! **Players who attend will receive added Baseball Factory Program benefits.**

#### Cape Cod Pro Select Training Offers Players:

##### **Opportunity to enhance your skills while performing in Cape Cod**

- Play in Cape Cod, home of the prestigious Cape Cod Baseball League (CCBL).
- CCBL has produced thousands of Major League Players. There are 37 former Baseball Factory and Team One Alumni that played in the Cape Cod Baseball League and have gone on to play in the Major Leagues, they include:

Ryan Braun	Pat Burrell	Ryan Garko
Khalil Greene	Aaron Hill	J.P. Howell
Conor Jackson	Mark Reynolds	Brian Roberts
Mark Teixeira	Ryan Theriot	Chris Young

- Work one-on-one with our professional instructors on all aspects of your game.

##### **Attend Cape Cod Baseball League Games**

##### **Learn techniques in conditioning, speed, strength, and weight training**

- Receive a Strength Training DVD from the Strength Coach of the NY Yankees.

##### **Added Baseball Factory Program Benefits\*:**

*Promotion and guidance to college baseball programs*

##### **Updated personal web page that can be emailed to college coaches nationwide**

- Your personal player web page will be updated with a new written evaluation based on your performance at the Cape Cod Pro Select Training.

##### **Post-event exposure and promotion to college coaches and professional scouts**

- Your profile will be updated in our online searchable player database, where college coaches login daily to recruit players
- After attending the Cape Cod Pro Select Training, your name will be listed on Baseballfactory.com as a participant.

##### **Receive the Baseball Factory Recruiting, Education and Development (R.E.D.) Manual**

- The nation's most comprehensive guide to help you prepare for college baseball.

\* You will remain enrolled in the Baseball Factory Program until you graduate from High School so that we can serve as a baseball resource when you need us most.





# CAPE COD PRO SELECT TRAINING & OFFICIAL ENROLLMENT INTO BASEBALL FACTORY PROGRAM ITINERARY & INFORMATION

<b>Dates:</b>	Session 1: July 10-14, 2010 Session 2: July 15-19, 2010 Session 3: July 20-24, 2010
<b>Location:</b>	Training will take place at Spillane Field, Home of the Wareham Gatemen. The Gatemen have won five CCBL championships in the past 25 years, most recently in 2001 and 2002.
<b>Lodging Info:</b>	<b><u>Baseball Factory Training Headquarters</u></b> Hampton Inn New Bedford/Fairhaven 1 Hampton Way Fairhaven, MA 02719 508-990-8500
<b>Flight Info/Itinerary:</b>	Arrival: At the Providence/TF Green Airport  Players will participate in daily position specific workouts, weight training, simulated game play and additional drills and instruction and will have the opportunity to watch Cape Cod League games in the evening.  Departure: At the Providence/TF Green Airport
<b>Past Coaches have Included:</b>	<b>Steve Sclafani:</b> Baseball Factory Founder/CEO, former collegiate player at the University of Pennsylvania  <b>Steve Bernhardt:</b> Executive Vice President of Baseball Operations at Baseball Factory, former professional scout and player in the Colorado Rockies organization  <b>Rick Sofield:</b> former manager of the Colorado Rockies AAA affiliate, former major league player with the Minnesota Twins  <b>Mike Zolecki:</b> former professional player and current head coach at Cardinal Stritch University
<b>Important Training Info:</b>	<ul style="list-style-type: none"><li>◆ Players will meet Baseball Factory coaches at baggage claim</li><li>◆ Players are transported in team vans/buses from site to site</li><li>◆ Players are fully supervised 24 hours a day</li><li>◆ Players will eat three sit down meals a day</li><li>◆ No spending money needed</li><li>◆ Players should bring all necessary baseball equipment for training</li><li>◆ Players will receive Baseball Factory's Recruiting, Education and Development (R.E.D.) Manual</li><li>◆ Players will leave with a Strength Training DVD from Dana Cavalea, the Major League Strength Coach of the New York Yankees</li><li>◆ Players receive a detailed player info pack upon registration</li><li>◆ Parents welcome</li></ul>

