



HITTING ACCELERATED TRAINING WEEKEND

February 21-22, 2009
Baseball Factory Headquarters
Columbia, Maryland

Baseball Factory's Hitting Accelerated Training Weekend gives players the opportunity to improve their offensive ability through numerous drills and extensive analysis of their swing.

Become a force at the plate!

Our professional staff will work with each player to help him maximize his potential and raise his game to a new level.

All players will receive:

◆ Top Notch Instruction: Our team of coaches includes:

Matt Schilling, former player and assistant coach at Coastal Carolina University and former professional scout for the Atlanta Braves

Matt Duechler, former player at James Madison University and with the Chicago White Sox organization

Joe Lake, former player at James Madison University, current Lessons Coordinator with the Baseball Factory

◆ Personalized Training: Our coaches will break down each player's swing by closely analyzing every aspect of his hitting style, ability and technique. Players will receive personal recommendations to enhance future success at the plate.

◆ Videotape Analysis: Every player's swing will be videotaped and reviewed so that they can see exactly where they need to make adjustments. It is much easier to correct mechanics if you can see what the coaches are suggesting.

◆ Confidence: Players will leave with a game plan tailored to their hitting approach that will give them confidence not only in practice but also every time they step up to the plate.

◆ Training Tips: Learn the techniques that can help you succeed and propel you towards college baseball and beyond.



A PREMIER SCOUTING PARTNER FOR
Baseball America

Baden
PASSION FOR A BETTER GAME™





HITTING ACCELERATED TRAINING WEEKEND

Itinerary & Information

Date:	Saturday, February 21 – Sunday, February, 2009	
Location:	Training will take place at the Baseball Factory Training Facility in Columbia, MD. The facility has three batting cages and additional space for tee work and soft toss.	
Lodging Info:	Staybridge Suites 8844 Columbia 100 Parkway Columbia, Maryland 21045	
Flight/Train Information:	Arrive at Baltimore/Washington Int'l Airport or Baltimore/Washington Airport Train Station between 8:00 am and 10:00 am on Saturday Depart from BWI Airport/Train Station between 4:00 pm and 6:00 pm on Sunday	
Itinerary:	Saturday:	11:30 – 12:00 PM Player Registration at Baseball Factory Training Facility 12:00 – 5:00 PM Review of hitting fundamentals, hitting drills, small group instruction, videotaping sessions, swing analysis
	Sunday:	6:00 PM Dinner 8:00 AM Breakfast 9:00 AM – 12:00 PM Hitting drills, live batting practice 12:00 PM Light Lunch 12:00 – 1:00 PM Review of instruction learned 1:30 PM Player Departure
Coaches Tentatively Scheduled to Include:	<p>Matt Schilling: played collegiate ball at Coastal Carolina University and went on to lead the Chanticleers to a Top 25 Division I ranking as an assistant coach. Schilling is former a professional scout for the Atlanta Braves</p> <p>Matt Duechler: played division one baseball at James Madison University and was named an All-Conference catcher. Duechler was drafted and played two years in the Chicago White Sox organization. He currently serves as a hitting instructor at Baseball Factory.</p> <p>Joe Lake: played his collegiate ball at James Madison University where he received All-Conference and All-State honors after his senior season. Lake currently serves as the Lessons Coordinator at Baseball Factory.</p>	
Important Camp Info:	<ul style="list-style-type: none"> ◆ Players traveling by plane or train will meet Baseball Factory coaches at the baggage claim or directly outside the train station ◆ Players are transported in vans from site to site ◆ Players are fully supervised 24 hours a day ◆ No spending money is needed ◆ Saturday dinner and Sunday breakfast and lunch will be provided ◆ Players need to bring all necessary baseball equipment for training ◆ Players receive a detailed player info pack upon registration ◆ Parents welcome 	



*Coaching Staff subject to change. Check with your Player Development Coordinator for the most updated information.

