



# HITTING ACCELERATED TRAINING WEEKEND

## February 6-7, 2010 Baseball Factory Headquarters Columbia, Maryland

Baseball Factory's Hitting Accelerated Training Weekend gives players the opportunity to improve their offensive ability through numerous drills and extensive analysis of their swing.

### Become a force at the plate!

Our professional staff will work with each player to help him maximize his potential and raise his game to a new level.

### All players will receive:

◆ Top Notch Instruction: Our team of coaches have included:

**Matt Schilling**, former player and assistant coach at Coastal Carolina University and former professional scout for the Atlanta Braves

**Joe Lake**, former player at James Madison University and current lessons instructor at Baseball Factory

**Chris Yetter**: former college player at Division-I UMBC and pitching and hitting coach at CCBC Catonsville.

◆ Personalized Training: Our coaches will break down each player's swing by closely analyzing every aspect of his hitting style, ability and technique. Players will receive personal recommendations to enhance future success at the plate.

◆ Videotape Analysis: Every player's swing will be videotaped and reviewed so that they can see exactly where they need to make adjustments. It is much easier to correct mechanics if you can see what the coaches are suggesting.

◆ Confidence: Players will leave with a game plan tailored to their hitting approach that will give them confidence not only in practice but also every time they step up to the plate.

◆ Training Tips: Learn the techniques that can help you succeed and propel you towards college baseball and beyond.



A PREMIER SCOUTING PARTNER FOR  
**Baseball America**

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the leader in  
player development +  
college placement



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ITINERARY & INFORMATION

<b>Date:</b>	Saturday, February 6 – Sunday, February 7, 2010	
<b>Location:</b>	Training will take place at the Baseball Factory Training Facility in Columbia, MD. The facility has three batting cages and additional space for tee work and soft toss.	
<b>Lodging Info:</b>	Staybridge Suites 8844 Columbia 100 Parkway Columbia, Maryland 21045	
<b>Flight/Train Information:</b>	Arrive at Baltimore/Washington Int'l Airport or Baltimore/Washington Airport Train Station between 8:00 am and 10:00 am on Saturday  Depart from BWI Airport/Train Station between 4:00 pm and 6:00 pm on Sunday	
<b>Itinerary*:</b>	<b>Saturday:</b>	11:15 – 12:00 PM      Player Registration at Baseball Factory Training Facility 12:00 – 5:00 PM      Review of hitting fundamentals, hitting drills, small group instruction, videotaping sessions, swing analysis
	<b>Sunday:</b>	6:00 PM                      Dinner  8:00 AM                      Breakfast 9:00 AM – 12:00 PM      Hitting drills, live batting practice 12:00 PM                      Light Lunch 12:00 – 2:00 PM          Review of instruction learned 2:00 PM                      Player Departure
<b>Coaches Tentatively Scheduled to Include*:</b>	<p><b>Matt Schilling:</b> played collegiate ball at Coastal Carolina University and went on to lead the Chanticleers to a Top 25 Division I ranking as an assistant coach. Schilling is former a professional scout for the Atlanta Braves</p> <p><b>Joe Lake:</b> played division one baseball at James Madison University and was named All-Conference and All-State in his senior season. Lake was a two-time team captain for the Dukes. He currently serves as a lesson instructor at Baseball Factory.</p> <p><b>Chris Yetter:</b> former college player at Division-I University of Maryland – Baltimore County and pitching and hitting coach at CCBC Catonsville. He also serves as a private lessons instructor for Baseball Factory.</p>	
<b>Important Camp Info:</b>	<ul style="list-style-type: none"> <li>◆ Players traveling by plane or train will meet Baseball Factory coaches at the baggage claim or directly outside the train station</li> <li>◆ Players are transported in vans from site to site</li> <li>◆ Players are fully supervised 24 hours a day</li> <li>◆ No spending money is needed</li> <li>◆ Saturday dinner and Sunday breakfast and lunch will be provided</li> <li>◆ Players need to bring all necessary baseball equipment for training</li> <li>◆ Players receive a detailed player info pack upon registration</li> <li>◆ Parents welcome</li> </ul>	



\*Coaching Staff and times subject to change. Check with your Player Development Coordinator for the most updated information.

