

## Staff



**KELLY KULINA** – Kelly has conducted his summer and winter baseball camps on the East Coast for over a decade. He has worked with thousands of youth, high school, and college baseball players to help develop their skills. Kelly is a former Associate Head Coach and recruiting coordinator with the University of Maryland. From 1989 to 2000, he coached 48 players who signed professional baseball contracts. He also spent a year coaching at Palm Beach Community College and Jacksonville University, where he played his college baseball. The Kelly Kulina Summer Camp provides him with a chance share his knowledge of the game and dedication to the sport with aspiring young players.



**DAN MOONEY** – Dan began his collegiate career as a catcher at Brevard Junior College. He later transferred to North Carolina State University where he was a two-time All-Atlantic Coast Conference performer. After college, Dan played professionally in the Boston Red Sox organization where he reached the double-A level before being forced to retire after an injury.

Additional Camp Staff and Guests will include **Matt Schilling**, former coach and player at Coastal Carolina University, **Woody Wingfield**, College Recruiting Assistant at Baseball Factory and other former pro and college players.

## Equipment

Campers must bring their baseball glove and wear baseball attire, including long pants. Campers may bring their personal bat or catching equipment. (Please label all your personal equipment)

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800.641.4487

[www.baseballfactory.com](http://www.baseballfactory.com)

## Program



**ALL-STAR CAMP** Designed for boys and girls ages 7-11. Grouped according to age and ability, players will learn the fundamentals of baseball through individual, group, and team instruction. We will focus on all aspects of the game including hitting & fielding. The camp staff will incorporate development of sportsmanship, leadership, and also discuss the importance of academics and good study habits. Our goal is to



teach the game of baseball and for players to meet new friends and have fun as they become a better player.

**ELITE CAMP** This camp is for boys ages 12-15 and is designed to teach fundamentals, advanced skills and strategies of baseball. Learn and improve skills through an intense week of instruction, drills and simulated game experiences. Guest speakers will discuss the techniques of catching, inf/of, pitching, hitting, and strength training. Campers will be grouped according to age and ability. Baseball Factory staff is confident that each player will leave the camp with a better understanding of how to play the game and what it takes to be successful.



## Camp Highlights

- Lectures by Coach Kelly Kulina and other staff
- Competition and instruction
- Free Baseball Factory Camp T-Shirt
- Camp store featuring Baseball Factory baseball apparel, snacks, and drinks.
- Baseball Olympics
- Awards and medals for individual achievement
- Home run Derby
- Radar gun used for pitching velocity
- Daily games
- Camp Certificates

## Complete Instructional Baseball Program

**Hitting & Bunting:** Develop the fundamentals of balanced hitting mechanics. Improve your batting average, on-base percentage and bunting success.

**Throwing & Fielding:** Learn the proper way to throw and field from the middle infield, corners, outfield, and behind the plate.

**Base Running:** Master leads, stealing bases, sliding, taking the extra base, and scoring.



**Catching:** Learn how to develop proven catching, blocking, and throwing mechanics. Master “soft” receiving hands, signal calling, pitch selection, and handling pitchers.

**Pitching:** Perfect proper pitching mechanics, pick-off moves, grips, legs and arm strengthening exercises.

**Strength & Conditioning:** Enhance performance, agility, and flexibility while minimizing the risk of injury. Recognize the importance of a daily baseball strength and conditioning program.

**Academics:** Our staff believes in stressing good grades at a young age and teaches how important it is to develop a sound academic achievement environment.

## Typical Daily Camp Schedule

- 8:45-9** Check-in/Roll Call
- 9:05** Baseball Stretch, Flexibility, and Conditioning
- 9:20** Baseball Drills and Team Relays
- 10:00** Specialty Defensive Drills: Throwing & Fielding Mechanics, Infield, Outfield, & Catching
- 10:40** Specialty Offensive Drills: Hitting, Bunting, Base Running and Pitching
- 11:30** Camp Break, Camp Store Open
- 11:40** Camp Baseball Games
- 12:50-1** Question and Answer Period and Camp Departure

Make check payable to: **BASEBALL FACTORY'S KELLY KULINA BASEBALL CAMP 2008 APPLICATION FORM**  
BASE HIT Foundation 9176 Red Branch Road, Suite M, Columbia, MD 21045 800.641.4487  
**All proceeds will benefit the B.A.S.E.-H.I.T. Foundation, Baseball Factory's non-profit arm. For more info go to [www.basehit.org](http://www.basehit.org)**  
Name: \_\_\_\_\_ Week Attending (circle one): #1 – WR Park (July 7-11) #2 – KW Park (July 14-18)

Age at Camp: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Ht: \_\_\_\_\_ Wt: \_\_\_\_\_  
Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Telephone: \_\_\_\_\_ Parents Name & Work Telephone: \_\_\_\_\_  
Parent Email: \_\_\_\_\_ Please Circle Youth (Y) or Adult (A) Size T-Shirt: YL AS AM AL AXL

Please Circle Form of Payment (Camp Tuition: \$199): CASH CHECK CREDIT CARD  
If paying by credit card – Name on card: \_\_\_\_\_ Account Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

**EARLY REGISTRATION TUITION OF \$189.00 if applications are postmarked by May 15**  
In consideration that I am being granted the opportunity to participate in the Baseball Factory Camp, I hereby, with the full knowledge and understanding assume any and all risks and liabilities from any injury or illness, mental or physical suffered by the camper during participation in the activities, practices, and games. I also understand that, as a condition of admittance as a participant or camper, the undersigned, on behalf of the applicant, hereby releases Baseball Factory, Kiwanis-Wallace Park, Western Regional Park, Instructors, Coaches, Officials, Guests, and all other agents of the Baseball Factory Camp from such liabilities, unless caused directly and willfully by acts of gross negligence by the person or entity against whom the claim is made.

Parent's Signature: \_\_\_\_\_ Insurance Company & Policy Number: \_\_\_\_\_

**BASEBALL FACTORY'S  
KELLY KULINA  
2008 SUMMER BASEBALL CAMP  
9176 RED BRANCH ROAD, STE M  
COLUMBIA, MD 21045**

**800.641.4487**  
[www.baseballfactory.com](http://www.baseballfactory.com)

**REGISTER TODAY. SPACE IS LIMITED.  
TEAM DISCOUNTS ARE AVAILABLE.  
DISCOUNTS APPLY FOR EARLY REGISTRATION.**



**2008**

# **KELLY KULINA**

## **SUMMER BASEBALL CAMP**

Proceeds benefiting the



Baseball Factory Senior Vice President and  
Former Associate Head Baseball Coach  
at the University of Maryland

**Week 1: Western Regional Park – July 7-11**  
**Week 2: Kiwanis-Wallas Park – July 14-18**

**All-Star Camp: Ages 7-11**  
**Elite Camp: Ages 12-15**

