

Saturday, May 26th

12:00 pm	Registration / Check-In	Inside Gift Shop by Lamade Stadium
1:00 pm	Opening Comments / Staff Introductions	Volunteer Stadium
1:20 pm	Stretch & Agilities	Volunteer Stadium
1:30 pm	Throwing Program / Individual Defense (50 min)	<i>*Players choose which position to work out at*</i>
	Infielders Catchers & Outfielders	Volunteer Stadium Lamade Stadium
2:20 pm	Hitting Mechanics Talk	Lower Cage Area
2:35 pm	Instructional Rotations (20 min)	Report to specific locations below

	Hitting Stations <i>Cage Area</i>	Baserunning <i>Mini Field</i>	Wiffel Ball HR Derby <i>Field #5 - OF</i>	Bunting <i>Field #5 - OF</i>
2:30	Team 1 & 2	Team 3 & 4	Team 5	Team 6
2:50	Team 6	Team 1 & 2	Team 3 & 4	Team 5
3:10	Team 5	Team 6	Team 1 & 2	Team 3 & 4
3:30	Team 3 & 4	Team 5	Team 6	Team 1 & 2

4:00 pm	Break for Dinner	*Players/Parents on their own for Dinner
5:30 pm	Report to Game Fields	Field locations below

GAMES

	LAMADE	VOLUNTEER	FIELD #5
6:00 - 8:30 PM	Team 1 vs. Team 2	Team 3 vs. Team 4	Team 5 vs Team 6

Sunday, May 27th

9:00 am	Opening Comments	Lamade Stadium
9:15 am	Break into groups	See Starting Points Below
	Live BP @ Lamade (Lamade Stadium)	Agility / Velocity Athletic Testing (Field #4)
		FB's/GB's Infield / Outfield (Volunteer Stadium)
9:20 am	Teams 1 & 6	Teams 2 & 5
10:00 am	Team 3 & 4	Teams 1 & 6
10:40 am	Teams 2 & 5	Team 3 & 4
11:20 am	Change into shorts for sliding practice	
11:30 am	Sliding Practice (*Swimming shorts*)	Behind Left Field of Volunteer Stadium
12:00 pm	Break for lunch	*Players/Parents on their own for Dinner
1:30 pm	Report to Volunteer Stadium for Stretch	Volunteer Stadium
1:45 pm	Individual Defense (50 min)	<i>*Players choose which position to work out at*</i>
	Infielders Catchers & Outfielders	Lamade Stadium Volunteer Stadium
2:35 pm	Instructional Rotations (30 Minute Stations)	
	Hitting Competition (Cage Area)	Pitching Stations (Field #5 OF)
		Relays (Field #5 INF)
2:40 pm	Teams 1 & 5	Teams 2 & 4
3:15 pm	Team 3 & 6	Teams 1 & 5
3:50 pm	Teams 2 & 4	Team 3 & 6
4:15 pm	Team Competitions (Base running, relay, 18 outs)	Field #5
4:40 pm	Break for Dinner	*Players/Parents on their own for Dinner

GAMES

	LAMADE	VOLUNTEER	FIELD #5
6:00 - 8:30 PM	Team 4 vs. Team 5	Team 1 vs. Team 6	Team 2 vs Team 3

Monday, May 28th

9:00 am	Opening Comments	Lamade Stadium
9:10 am	Report to Game Fields	<i>See Team Specific Location below</i>

GAMES

	LAMADE	VOLUNTEER	FIELD #5
9:30 - 12:00 PM	Team 6 vs. Team 3	Team 5 vs. Team 2	Team 1 vs Team 4

12:30 pm	Closing Comments / Camp Dismissal *Photo opportunity on field	Lamade Stadium
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OVERALL GAME SCHEDULE

	LAMADE	VOLUNTEER	FIELD #5
Saturday 26th	1 vs 2	3 vs 4	5 vs 6
Sunday 27th	4 vs 5	1 vs 6	2 vs 3
Monday 28th	6 vs 3	5 vs 2	4 vs 1

GAME RULES

- 3 Outs or 6 Hitters (whichever comes first)
- 2.5 hour time limit
- Unlimited substitution
- Players will rotate to multiple positions
- Have FUN!