

## Saturday, June 23

Reiver Suites II Lobby

Morning Airport pickups for players traveling alone Players traveling alone will be met at baggage claim

12:00 pm Registration & Check-in begins

\* Lunch available for players & staff

Afternoon Late Check-in continues until all players arrive Reiver Suites II Lobby

#### ALL PLAYERS

2:00 pm Welcome Meeting for Players & Parents in Attendance Looft Hall

3:00 pm Report to Baseball Field (in uniform, BF issued jersey & hat) Parents are welcome to observe anything on schedule

3:15 pm Stretch IWCC Baseball Field

3:45 pm Block Rotations — 3 per block @ 22 minutes each rotation (66 total minutes, then switch block)

\* Two short horn blasts = wrap up & review, time almost up

<sup>\*</sup> One longer horn blast = rotate immediately, move quickly to next location

Activity	Location	Team Starting Points
Throwing Program & Radar Velo	Main Diamond — RF	Beavers (Orange/Black)
Team Defense Intro — Tandem Cut & Relay's	Main Diamond	Bulldogs (Red/Grey)
Popup Reps & Priority Review	Softball Field	Cavaliers (Grey/Navy)
Hitting Drills Intro / Grip Strength	Cages	Cowboys (Graphite/Orange)
Hitting Reps	Outside Cages	Terrapins (White/Red)
Base Running — 4 Rules / Home —> 1st	Softball Field — OF	Titans (Navy/Orange)

6:15 pm Clean up

6:30 pm Dinner (6:30 - 7:30pm) Cafeteria

9:00 pm Mandatory Nightly Meeting Dorm Courtyard

10:00 pm Room Check / Curfew Players in Their Own Rooms

## **EMERGENCY PROTOCOLS**

In emergency weather situations — Tornado Warnings, or Severe Weather Warning — players will report inside immediately. FROM DORMS: Players will exit rooms and go into hallways. FROM FIELD: Players will immediately go inside the closest building's hallway.

TOURNAMENT RULES				
All games 6 innings  If tied after six:  (1) extra inning  Last recorded out starts at 2B  Start with 1 out  If tied after 7th, game ends in tie	If half inning is "Rolled":  • With less than 2 outs:  • Runner at 2B scores  • Runner at 3B scores  • With 2 outs:  • Runner at 3B scores  "Rolled" = 7 Batter Max	Tie Breakers  1. Win-loss record 2. Head to Head 3. Runs Allowed 4. Runs Scored 5. Run Differential		



# Sunday, June 24

**ALL PLAYERS** 

6:30 am Breakfast (6:30 - 7:30am) Cafeteria

7:45 am Stretch IWCC Baseball Field

8:15 am  ${\it Athletic Testing Rotations - 3 @ 15 minutes }$ 

Activity	Location	Team Starting Points
Thirty / Sixty & Broad Jump	Main Diamond — Turf (3rd Base Side)	Beavers / Bulldogs
5 - 10 - 5	Main Diamond — Turf (1st Base Side)	Cavaliers / Cowboys
Base Running — 2B Related	Main Diamond — 2nd Base	Terrapins / Titans

9:00 am Individual Defense & Light Throwing 10:00 am On-Field BP —  $6 \ @ 15$  minutes

Activity	Location	Team Starting Points
Hit Live w/ Video Capture & 1st / 2nd Base Running	Main Diamond	Beavers (Orange/Black)
Base Running 3B Related	Softball Field	Bulldogs (Red/Grey)
Defense — Live	Main Diamond	Cavaliers (Grey/Navy)
Defense — Shag	Main Diamond	Cowboys (Graphite/Orange)
Offensive Progression — Off-Speed Intro	Covered Cages	Terrapins (White/Red)
Offensive Progression — Front Toss	Open Cages	Titans (Navy/Orange)

11:45 am Lunch (11:45 - 12:45pm) Cafeteria

	Beavers & Bulldogs	Cavaliers & Cowboys	
1:00 pm	Pre-Game @ IWCC	1:00 pm 1:15 pm	Bus Transfer to Lewis Central from Dorms Pre-Game
1:30 pm	Bulldogs vs Beavers @ IWCC		
3:30 pm	Bus transfers from field — Beavers to St. Albert & Bulldogs	1:45 pm	Cowboys vs Cavaliers @ Lewis Central
	to Lewis Central	3:45 pm	Bus transfers from field — Cowboys ONLY to IWCC

Terrapins & Titans First R		First Round Games	
1:20 pm 1:30 pm	Bus Transfer to St. Albert from Dorms Pre-Game	1:30 pm	Bulldogs vs Beavers @ IWCC
2:00 pm	Titans vs Terrapins @ St. Albert	1:45 pm	Cowboys vs Cavaliers @ Lewis Central
4:00 pm	Bus transfers from field — Terrapins ONLY to IWCC	2:00 pm	Titans vs Terrapins @ St. Albert



## Sunday, June 24 Continued...

	Beavers & Titans		Cavaliers & Bulldogs
4:15 pm	Beavers vs Titans @ St. Albert	4:00 pm	Cavaliers vs Bulldogs @ Lewis Central
6:15 pm	Bus drops at Cafeteria for Dinner	6:00 pm	Bus drops at Cafeteria for Dinner

	Terrapins & Cowboys		Second Round Games
4:30 pm	Terrapins vs Cowboys @ IWCC	4:00 pm	Cavaliers vs Bulldogs @ Lewis Central
6:30 pm	Players report to Cafeteria for Dinner	4:15 pm Beavers vs Titans @ St. Albert	
		4:30 pm	Terrapins vs Cowboys @ IWCC

6:00 pm Dinner (6:00 - 7:30pm) Cafeteria

7:00 pm Offensive Video Review Dorm Lobby

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9:00 pm Mandatory Nightly Meeting Dorm Courtyard

10:00 pm Room Check / Curfew Players in Their Own Rooms

# Monday, June 25

## **ALL PLAYERS**

6:30 am Breakfast (6:30 - 7:30am) Cafeteria

7:30 am Stretch IWCC Baseball Field

8:00 am Individual Defense w/ Video Capture

9:00 am Defensive Reps (Finish Video Capture \*if necessary)

9:30 am Bus Transfers to Game Fields

	Cavaliers & Titans (Flip for Home)	I	Beavers & Terrapins (Flip for Home)
9:30 am	Pre-Game @ IWCC	9:45 am	Pre-Game @ Lewis Central
10:15 am	Cavaliers vs Titans @ IWCC	10:30 am	Beavers vs Terrapins @ Lewis Central
12:15 pm	Players report to Cafeteria for Lunch	12:30 pm	Bus drops at Cafeteria for Lunch

1	Bulldogs & Cowboys (Flip for Home)		Third Round Games
9:40 am	Pre-Game @ St. Albert	10:15 am	Cavaliers vs Titans @ IWCC
10:30 am	Bulldogs vs Cowboys @ St. Albert	10:30 am	Beavers vs Terrapins @ Lewis Central
12:30 pm	Bus drops at Cafeteria for Lunch	10:30 am	Bulldogs vs Cowboys @ St. Albert

12:15 pm Lunch (12:15 - 1:15pm) Cafeteria



## Monday, June 25 Continued...

1:25 pm Stretch IWCC Baseball Field

1:55 pm Offensive Rotations — 6 @ 15 minutes

Activity	Location	Team Starting Points
Situational Hitting — Front Toss	Main Diamond	Beavers (Orange/Black)
Team Defense — Run-Downs	Softball Field	Bulldogs (Red/Grey)
Athletic Development — Lateral Movement	Track	Cavaliers (Grey/Navy)
Athletic Development — Agility	Track	Cowboys (Graphite/Orange)
Offensive Progression — Vision / Tracking Drills	Covered Cages	Terrapins (White/Red)
Offensive Progression — Pitch Selection Drills	Outside Cages	Titans (Navy/Orange)

3:30 pm Player's Report to the Dorms — Get Ready for CWS Game (Wear Baseball Factory Tryout Shirt)

4:45 pm Bus Departs for CWS, Box Dinner on Bus

9:30 pm Bus Departs for Dorms

10:30 pm Mandatory Nightly Meeting Dorm Courtyard

10:45 pm Room Check / Curfew Players in Their Own Rooms

# Tuesday, June 26

**ALL PLAYERS** 

7:00 am Breakfast (7:00 - 8:00am) Cafeteria

8:00 am Stretch IWCC Baseball Field

8:30 am Arm Care Maintenance 8:45 am Individual Defense

9:45 am Bus Transfers to Game Fields

Beavers & Cowboys (Flip for Home)		Bulldogs & Titans (Flip for Home)	
9:45 am	Pre-Game @ IWCC	10:00 am	Pre-Game @ Lewis Central
10:15 am	Beavers vs Cowboys @ IWCC	10:30 am	Bulldogs vs Titans @ Lewis Central
12:15 pm	Players report to Cafeteria for Lunch	12:30 pm	Bus drops at Cafeteria for Lunch

Cavaliers & Terrapins (Flip for Home)		Fourth Round Games	
10:00 am	Pre-Game @ St. Albert	10:15 am	Beavers vs Cowboys @ IWCC
10:30 am	Cavaliers vs Terrapins @ St. Albert	10:30 am	Bulldogs vs Titans @ Lewis Central
12:30 pm	Bus drops at Cafeteria for Lunch	10:30 am Cavaliers vs Terrapins @ St. Albert	

12:15 pm Lunch (12:15 - 1:15pm) Cafeteria



## Tuesday, June 26 Continued...

1:30 pm Stretch IWCC Baseball Field

2:00 pm Rotations by Primary Position Group — 4 @ 20 minutes

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Defensive Video Review — Garage	Position Specific Athleticism	BB Machine — Covered Cages	Defensive Reps — Main Diamond
Defensive Reps — Main Diamond	Defensive Video Review — Garage	Position Specific Athleticism	BB Machine — Covered Cages
BB Machine — Covered Cages	Defensive Reps — Main Diamond	Defensive Video Review — Garage	Position Specific Athleticism
Position Specific Athleticism	BB Machine — Covered Cages	Defensive Reps — Main Diamond	Defensive Video Review — Garage

3:30 pm Simulated Game Block Rotations — 2 per block @ 15 minutes each rotation (30 total minutes then switch block)

\* Two short horn blasts = wrap up & review, time almost up

<sup>\*</sup> One longer horn blast = rotate immediately, move quickly to next location

Activity	Location	<b>Team Starting Points</b>
Sim Game — Hit	Main Diamond	Beavers (Orange/Black)
Sim Game — Defense	Main Diamond	Bulldogs (Red/Grey)
Base Running — Tour of the Bases	Softball Field	Cavaliers (Grey/Navy)
Athletic Development — Agility Course	Softball Field — OF	Cowboys (Graphite/Orange)
Offensive Progression $1$ — Developing Aggressiveness	Covered Cages	Terrapins (White/Red)
Offensive Progression 2 — 'My Drills' for Success	Outside Cages	Titans (Navy/Orange)

5:00 pm Dinner (5:00 - 6:00pm) Cafeteria

7:00 pm Recruiting Seminar: *Presented by Dan Mooney* Looft Hall

9:00 pm Mandatory Nightly Meeting Dorm Courtyard

10:00 pm Room Check / Curfew Players in Their Own Rooms

## Wednesday, June 27

#### **ALL PLAYERS**

6:30 am Breakfast (6:30 - 7:30am) Cafeteria

7:45 am Stretch IWCC Baseball Field

8:15 am Individual Defense & Light Throwing 9:05 am Team Rotations & Game Play

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## Wednesday, June 27 Continued...

Seed 6 & Seed 5 (Lower Seed is Home)		Seed 4 & Seed 3 (Lower Seed is Home)	
9:10 am	On-Field BP (Hit Live —> Base Run / Defense Live —> Shag)	9:10 am	Offensive Rotations — Outdoor Cages & Covered Cages ~ Attacking the Fastball / Pitch Selection
9:55 am	Bus transfer to St. Albert	9:50 am	On-Field BP (Hit Live —> Base Run / Defense Live —> Shag)
10:00 am	Pre-Game @ St. Albert	10:30 am	Pre-Game @ IWCC
10:25 am	Seed 6 vs Seed 5 @ St. Albert	10:45 am	Seed 4 vs Seed 3 @ IWCC
12:30 pm	Players report to Cafeteria for Lunch	12:45 pm	Players report to Cafeteria for Lunch

Seed 2 & Seed 1 (Lower Seed is Home)		Seed 3, 4, 5, 6	
9:15 am	Team Meeting & Individual Player Meetings — Garage	1:30 pm	Team Meeting & Individual Player Meetings — Dorm Lobby
9:55 am	Offensive Rotations — Outdoor Cages & Covered Cages ~ Attacking the Fastball / Pitch Selection	2:30 pm	Stretch @ IWCC Softball Field
10:35 am	Team Defense & Athletic Development — Softball Field	2:45 pm	Seeds 5 & 6 Offensive Rotations — Outdoor Cages & Covered Cages ~ Attacking the Fastball / Pitch Selection
11:15 am	Players report to Cafeteria for Lunch		Seeds 3 & 4
1:00 pm	Stretch @ IWCC Baseball Field		Team Defense & Athletic Development — Softball Field
1:20 pm	On-Field BP (Hit Live —> Base Run / Defense Live —> Shag)	3:25 pm	Seeds 5 & 6 Team Defense & Athletic Development — Softball Field
2:00 pm	Pre-Game @ IWCC CHAMPIONSHIP GAME		Seeds 3 & 4
2:15 pm	Seed 2 vs Seed 1 @ IWCC		Watch End of Championship Game
4:15 pm	Championship Presentation & MVP Award	4:15 pm	Championship Presentation & MVP Award

Consolation & Championship Games		
10:25 am	5th Place Game	
	Seed 6 vs Seed 5 @ St. Albert	
10:55 am	3rd Place Game	
Seed 4 vs Seed 3 @ IWCC		
6:30 pm CHAMPIONSHIP GAME		
Seed 2 vs Seed 1 @ IWCC		

5:00 pm	Admission Presentation — Parents Encouraged to Attend	Cafeteria
6:00 pm	Dinner (6:00 - 7:00pm)	Cafeteria
7:30 pm	Optional Open Cages	Indoor Cages
9:00 pm	Mandatory Nightly Meeting / Travel Day Procedures	Dorm Courtyard
9:45 pm	Final Room Inspections / Curfew	Players in Their Own Rooms



# Thursday, June 28

## **ALL PLAYERS**

6:30 am Breakfast (6:30 - 7:30am) Cafeteria

\*Drop off sheets in lobby on way to breakfast (keep towels for showers post workout)

7:45 am Stretch IWCC Baseball Field

8:15 am Athletic Development Competition 8:35 am Abbreviated Throwing Program

8:50 am Individual Defense

9:25 am Individual Defense Competitions

9:40 am Baseball Olympics Rotations — 3 rotations @ 10 minutes each rotation (30 total minutes)

\* Two short horn blasts = wrap up & review, time almost up

\* One longer horn blast = rotate immediately, move quickly to next location

Competition	Location	Team Starting Points
Back Panel Competition	Open Cages	Beavers
Fly Ball Competition	Main Diamond	Bulldogs
Throwing Accuracy Competition	Main Diamond OF	Cavaliers
Back Panel Competition	Covered Cages	Cowboys
Fly Ball Competition	Main Diamond	Terrapins
Throwing Accuracy Competition	Main Diamond OF	Titans

10:20 am

Simulated Game Block Rotations — 2 per block @ 15 minutes each rotation (30 total minutes then switch block)

- \* Two short horn blasts = wrap up & review, time almost up
- \* One longer horn blast = rotate immediately, move quickly to next location

Activity	Location	Team Starting Points
Sim Game — Hit	Main Diamond	Beavers (Orange/Black)
Sim Game — Defense	Main Diamond	Bulldogs (Red/Grey)
Base Running — Tour of the Bases	Softball Field	Cavaliers (Grey/Navy)
Athletic Development — Agility Course	Softball Field — OF	Cowboys (Graphite/Orange)
Offensive Progression 1 — Developing Aggressiveness	Covered Cages	Terrapins (White/Red)
Offensive Progression 2 — 'My Drills' for Success	Outside Cages	Titans (Navy/Orange)

12:00 pm Wrap-up / Team Photos

12:30 - 1:30 pm Lunch & Check-Out Return room key to front desk, drop off towels in lobby

TBA\* Airport Transfers Begin For players traveling without parent / guardian, \* bus times assigned at 6/27 meeting