

Saturday, May 23rd

12:00 pm	Registration / Check-In	Inside Gift Shop by Lamade Stadium		
1:00 pm	Opening Comments / Staff Introductions	Volunteer Stadium		
1:20 pm	Stretch & Agilities	Volunteer Stadium		
1:30 pm	Throwing Program / Individual Defense (50 min)	<i>*Players choose which position to work out at*</i>		
	Infielders Catchers & Outfielders	Volunteer Stadium Lamade Stadium		
2:20 pm	Hitting Mechanics Talk	Lower Cage Area		
2:35 pm	Instructional Rotations (20 min)	Report to specific locations below		
	Hitting Stations <i>Cage Area</i>	Baserunning <i>Mini Field</i>	Wiffle Ball HR Derby <i>Field #5- OF</i>	Bunting <i>Field #5 - Home plate</i>
2:30	GL (1) & NW (2)	SW (3) & W (4)	SE (5)	NE (6)
2:50	NE (6)	GL (1) & NW (2)	SW (3) & W (4)	SE (5)
3:10	SE (5)	NE (6)	GL (1) & NW (2)	SW (3) & W (4)
3:30	SW (3) & W (4)	SE (5)	NE (6)	GL (1) & NW (2)
4:00 pm	Break for Dinner	<i>*Players/Parents on their own for Dinner</i>		
5:30 pm	Report to Game Fields	<i>See Team Specific Location below</i>		

GAMES

	LAMADE	VOLUNTEER	FIELD #5
6:00 - 8:30 pm	GL (1) vs. NW (2)	SW (3) vs. W (4)	SE (5) vs. NE (6)

Sunday, May 24th

9:00 am	Opening Comments	Volunteer Stadium	
9:15 am	Break into groups	See Starting Points Below	
	Live BP (Field #5)	Agility / Velocity Athletic Testing (Field #4)	FB's/GB's Infield / Outfield (Volunteer Stadium)
9:20 am	GL (1) & NE (6)	NW (2) & SE (5)	SW (3) & W (4)
10:00 am	SW (3) & W (4)	GL (1) & NE (6)	NW (2) & SE (5)
10:40 am	NW (2) & SE (5)	SW (3) & W (4)	GL (1) & NE (6)
11:20 am	Change into shorts for sliding practice		
11:30 am	Sliding Practice (*Swimming shorts*)		Behind Left Field of Volunteer Stadium
12:00 pm	Break for lunch		*Players/Parents on their own for Dinner
1:30 pm	Report to Volunteer Stadium for Stretch		Volunteer Stadium
1:45 pm	Individual Defense (50 min)		*Players choose which position to work out at*
	Infielders Catchers & Outfielders		Lamade Stadium Volunteer Stadium
2:35 pm	Instructional Rotations (25 Minute Stations)		
	Hitting Competition (Cage Area)	Relays (Field #4 OF)	Pitching Stations (Field #5 OF)
2:40 pm	GL (1) & SE (5)	NW (2) & W (4)	SW (3) & NE (6)
3:10 pm	SW (3) & NE (6)	GL (1) & SE (5)	NW (2) & W (4)
3:40 pm	NW (2) & W (4)	SW (3) & NE (6)	GL (1) & SE (5)
4:10 pm	Break for Dinner		*Players/Parents on their own for Dinner
5:40 pm	Report to Game Fields		<i>See Team Specific Location below</i>

GAMES

	LAMADE	VOLUNTEER	FIELD #5
6:00 - 8:30 pm	W (4) vs. SE (5)	GL (1) vs. NE (6)	NW (2) vs. SW (3)

Monday, May 25th

9:00 am	Opening Comments	Volunteer Stadium
9:10 am	Report to Game Fields	<i>See Team Specific Location below</i>

GAMES

	LAMADE	VOLUNTEER	FIELD #5
9:30 - 12:00 PM	NE (6) vs. SW (3)	SE (5) vs. NW (2)	GL (1) vs W (4)

12:30 pm	Closing Comments / Camp Dismissal *Photo opportunity on field	Volunteer Stadium
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OVERALL GAME SCHEDULE

	LAMADE	VOLUNTEER	FIELD #5
Saturday 25th	GL (1) vs. NW (2)	SW (3) vs. W (4)	SE (5) vs. NE (6)
Sunday 26th	W (4) vs. SE (5)	GL (1) vs. NE (6)	NW (2) vs. SW (3)
Monday 27th	NE (6) vs. SW (3)	SE (5) vs. NW (2)	GL (1) vs W (4)

GAME RULES

- 3 Outs or 6 Hitters (whichever comes first)
- 2.5 hour time limit
- Unlimited substitution
- Players will rotate to multiple positions
- Have FUN!

Itinerary subject to change. If changes are made, players and families will be notified.